



## 2017 Fall Semester Sope Creek F.A.S.T Programs Foundation After School Time

Welcome to the Sope Creek Foundation FAST Program. We are excited to bring over 50 opportunities for your child to participate in after-school enrichment programs. Classes will meet for 12-weeks. Don't forget: Not only do these classes help to enrich the educational experience for students, 12% of the proceeds from all classes go back to the Foundation which we then give back to Sope Creek Elementary through grants for our school. A win-win for everyone!! Please visit our website for more information, [www.sopecreekfoundation.org](http://www.sopecreekfoundation.org) or email us with any questions, [sopecreekfast@gmail.com](mailto:sopecreekfast@gmail.com).

### Online Registration at [pay4schoolstuff.com](http://pay4schoolstuff.com)

Registration for the 2017 Fall FAST classes (except for Kid Chess) is completed online only through [pay4schoolstuff.com](http://pay4schoolstuff.com). Registration for Kid Chess has already begun at [kidchess.com](http://kidchess.com). Registration for classes **will open Thurs, July 27<sup>th</sup> 9:00 pm and close Fri, August 4<sup>th</sup> at 9:00 pm. Classes fill up quickly!**

- Registration is open for 1 week to accommodate all family schedules. Please register during this period as there is no registration after registration is closed regardless if there is an opening in a FAST Club class.
- A parent account must be established before registering.
- Each child must be registered to this account.
- FAST classes can be viewed by class, day, time and grade.
- All class details for the FAST classes will be available on this site, as well as on the Foundation website.
- Once registration is completed, there is a no-cancellation policy and you will not be allowed to switch classes.

### Pick-Up Guidelines

- All FAST students must be registered for Sope Creek's After School Program (ASP). Completed paperwork, along with a yearly \$10 registration fee is required prior to participating **IN ALL FAST CLASSES**. ASP paperwork can be picked up in the Front Office.
- If a parent is more than 10 minutes late for pick-up, their student will be sent to ASP and they will be charged the \$7.00 daily ASP rate.
- Parents will pick-up FAST students from their FAST teachers outside of the assigned school entrance.
- Parents should be prepared to show a photo ID.

### Transportation Note Guidelines

A transportation change note is ONLY necessary if:

- You have chosen parent pick-up during FAST registration, but your child is NOT attending the FAST class that day.
- You have chosen parent pick-up during FAST registration, but your child is going to ASP that day.
- You have chosen ASP during FAST registration, but you are picking up your child after the FAST class.
- All transportation changes MUST be made by 1:45 pm.

### Behavior Guidelines

The same behavior expectations apply in the FAST classes as during the regular school day. All Cobb County School District policies in the student handbook apply to each FAST class. Inappropriate behavior will result in the child's withdrawal from the FAST class. A refund will NOT be given. Students will be withdrawn from the FAST class for the following reasons:

- 2 late arrivals to the FAST class
- Discipline problems

### NO FAST Classes during the following days

- Monday, September 4<sup>th</sup> (Labor Day - Holiday)
- Week of September 25<sup>th</sup> (Fall Break)
- Week of October 16<sup>th</sup> (Conference Week)
- Tuesday, November 7<sup>th</sup> (Election Day - Holiday)
- Week of November 20<sup>th</sup> (Thanksgiving Break)
- Week of November 27<sup>th</sup> (5<sup>th</sup> grade Trip)

### Inclement Weather Policy

If the school closes for inclement weather during the school day, all afternoon FAST classes will be cancelled. There will be NO make-up classes or refunds.



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## 2017 Fall FAST Schedule for 1<sup>st</sup> thru 5<sup>th</sup> Grades

Monday Classes					
FAST Class	Gr Level	Price	Dates	Teacher	Time
Animation Imagineers	3 <sup>rd</sup> -5 <sup>th</sup>	\$250	Aug 21 - Dec 11	Thompson	2:45-3:45
Candy, Cookies and Crafts	1 <sup>st</sup> -5 <sup>th</sup>	\$325	Aug 21 - Dec 11	Cates	2:45-3:45
Cardio Sharp	3 <sup>rd</sup> -5 <sup>th</sup>	\$240	Aug 21 - Dec 11	Maloney	2:45-3:45
Code Talkers	2 <sup>nd</sup> -3 <sup>rd</sup>	\$290	Aug 21 - Dec 11	Kurtz	2:45-3:45
Crafty Kids	1 <sup>st</sup> -2 <sup>nd</sup>	\$265	Aug 21 - Dec 11	Carter	2:45-3:45
Drama Club	3 <sup>rd</sup> -5 <sup>th</sup>	\$250	Aug 21 - Dec 11	Seymour/Jenkins	2:45-3:45
Hip Hop Hooray	1 <sup>st</sup> -5 <sup>th</sup>	\$250	Aug 21 - Dec 11	Howard	2:45-3:45
Keyology: Intermediate	3 <sup>rd</sup> -5 <sup>th</sup>	\$265	Aug 21 - Dec 11	Eristavi/Goldenberg	2:45-3:45
Kickball Kids	2 <sup>nd</sup> -4 <sup>th</sup>	\$295	Aug 21 - Dec 11	Bradley/DeFoor	2:45-3:45
Robo Gals	4 <sup>th</sup> -5 <sup>th</sup>	\$275	Aug 21 - Dec 11	Boucher	2:45-3:45
Rubik's Cubers	2 <sup>nd</sup> -5 <sup>th</sup>	\$250	Aug 21 - Dec 11	Bentley	2:45-3:45
Sew Many Smiles	2 <sup>nd</sup> -5 <sup>th</sup>	\$300	Aug 21 - Dec 11	Cassan	2:45-3:45
Take A Hike	3 <sup>rd</sup> -5 <sup>th</sup>	\$300	Aug 21 - Dec 11	Pfaff	2:45-3:45
World Travelers	3 <sup>rd</sup> -5 <sup>th</sup>	\$345	Aug 21 - Dec 11	Carroll	2:45-3:45
Yoga Adventures!	2 <sup>nd</sup> -5 <sup>th</sup>	\$295	Aug 21 - Dec 11	Yim	2:45-3:45
Code Talkers	3 <sup>rd</sup> -5 <sup>th</sup>	\$290	Aug 21 - Dec 11	Kurtz	4:00-5:00
Creative Keepsakes	3 <sup>rd</sup> -5 <sup>th</sup>	\$325	Aug 21 - Dec 11	Carroll	4:00-5:00
Keyology: Beginners	1 <sup>st</sup> -5 <sup>th</sup>	\$265	Aug 21 - Dec 11	Eristavi/Goldenberg	4:00-5:00
Tuesday Classes					
FAST Class	Gr Level	Price	Dates	Teacher	Time
Kid Chess (1 <sup>st</sup> Period)	1 <sup>st</sup> -5 <sup>th</sup>	\$259	Aug 22 - Dec 12	Vendor	2:30-3:30
Kid Chess (2 <sup>nd</sup> Period)	1 <sup>st</sup> -5 <sup>th</sup>	\$199	Aug 22 - Dec 12	Vendor	3:40-4:40
Wednesday Classes					
FAST Class	Gr Level	Price	Dates	Teacher	Time
Art Club	1 <sup>st</sup> -5 <sup>th</sup>	\$325	Aug 23 - Dec 6	Hopkins	2:45-3:45
Brain Fitness	1 <sup>st</sup> -3 <sup>rd</sup>	\$250	Aug 23 - Dec 6	Thompson	2:45-3:45
Cookies, Candies & Crafts	1 <sup>st</sup> -5 <sup>th</sup>	\$325	Aug 23 - Dec 6	Cates	2:45-3:45
Cardio Sharp Jr	1 <sup>st</sup> -2 <sup>nd</sup>	\$240	Aug 23 - Dec 6	Maloney	2:45-3:45
Egyptian Explorers	2 <sup>nd</sup> -3 <sup>rd</sup>	\$250	Aug 23 - Dec 6	Welte	2:45-3:45
EV3 Robotics	4 <sup>th</sup> -5 <sup>th</sup>	\$290	Aug 23 - Dec 6	Boucher	2:45-3:45
Hip Hop Hooray	1 <sup>st</sup> -5 <sup>th</sup>	\$250	Aug 23 - Dec 6	Howard	2:45-3:45
Homework Heroes	3 <sup>rd</sup> -5 <sup>th</sup>	\$300	Aug 23 - Dec 6	Pfaff	2:45-3:45
ITBS Test Prep	3 <sup>rd</sup>	\$195	** See description	McDowell	2:45-3:45
Kind Kids	4 <sup>th</sup> -5 <sup>th</sup>	\$315	Aug 23 - Dec 6	Bruce	2:45-3:45
Master Builders	1 <sup>st</sup> -5 <sup>th</sup>	\$345	Aug 23 - Dec 6	Carroll	2:45-3:45
Math Gamers	1 <sup>st</sup> -2 <sup>nd</sup>	\$295	Aug 23 - Dec 6	DeFoor/Bradley	2:45-3:45
Math Marvels	4 <sup>th</sup> -5 <sup>th</sup>	\$225	Aug 23 - Dec 6	Rowlett	2:45-3:45
Robotics	1 <sup>st</sup> -3 <sup>rd</sup>	\$300	Aug 23 - Dec 6	Robinson	2:45-3:45
Rockin' Robots	2 <sup>nd</sup> -3 <sup>rd</sup>	\$375	Aug 23 - Dec 6	Kurtz	2:45-3:45
Vive la France	1 <sup>st</sup> -3 <sup>rd</sup>	\$300	Aug 23 - Dec 6	White	2:45-3:45
ITBS Test Prep	5 <sup>th</sup>	\$195	** See description	McDowell	4:00-5:00
Rockin' Robots	4 <sup>th</sup> -5 <sup>th</sup>	\$375	Aug 23 - Dec 6	Kurtz	4:00-5:00
Thursday Classes					
FAST Class	Gr Level	Price	Dates	Teacher	Time
Art Club	1 <sup>st</sup> -5 <sup>th</sup>	\$325	Aug 24 - Dec 7	Hopkins	2:45-3:45
Brain Fitness	4 <sup>th</sup> -5 <sup>th</sup>	\$250	Aug 24 - Dec 7	Thompson	2:45-3:45
Cardio Sharp	3 <sup>rd</sup> -5 <sup>th</sup>	\$240	Aug 24 - Dec 7	Maloney	2:45-3:45
Crafty Kids	3 <sup>rd</sup> -5 <sup>th</sup>	\$265	Aug 24 - Dec 7	Carter	2:45-3:45
Egyptian Explorers	3 <sup>rd</sup> -4 <sup>th</sup>	\$250	Aug 24 - Dec 7	Welte	2:45-3:45
Forza Italia!	1 <sup>st</sup> -3 <sup>rd</sup>	\$300	Aug 24 - Dec 7	White	2:45-3:45
Furry Friends	1 <sup>st</sup> -5 <sup>th</sup>	\$170	Aug 24 - Dec 7	Hoy	2:45-3:45
iCreate	2 <sup>nd</sup> -5 <sup>th</sup>	\$300	Aug 24 - Dec 7	Kurtz	2:45-3:45
Kid Chess (1 <sup>st</sup> Period)	1 <sup>st</sup> -5 <sup>th</sup>	\$259	Aug 24 - Dec 7	Vendor	2:30-3:30
Mad Scientists	3 <sup>rd</sup> -5 <sup>th</sup>	\$320	Aug 24 - Dec 7	Bruce/Pfaff	2:45-3:45
Master Builders	1 <sup>st</sup> -5 <sup>th</sup>	\$345	Aug 24 - Dec 7	Carroll	2:45-3:45
Robotics	1 <sup>st</sup> -3 <sup>rd</sup>	\$300	Aug 24 - Dec 7	Robinson	2:45-3:45
Silly Scientists	1 <sup>st</sup> -2 <sup>nd</sup>	\$300	Aug 24 - Dec 7	Doggett/Hinz	2:45-3:45
Terrific Typers	1 <sup>st</sup> -5 <sup>th</sup>	\$175	Aug 24 - Dec 7	Rabil	2:45-3:45
Kid Chess (2 <sup>nd</sup> Period)	1 <sup>st</sup> -5 <sup>th</sup>	\$199	Aug 24 - Dec 7	Vendor	3:40-4:40



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## 2017 Fall FAST Class Descriptions

### **Animation Imagineers (Grades 3<sup>rd</sup>-5<sup>th</sup>) (Led by Susan Thompson, Target Teacher)**

**Minimum: 5 students, Maximum: 16 students**

**Day of Week & Price: Monday \$250**

Bring your imagination and any skill level of drawing to class as we experience many different ways to draw and styles of animation. Students will bring home works of art that they have created and ideas to continue their interests. They will have the chance to talk with a REAL Disney animator and local artists that will help them enhance their efforts and style. Many types of animation and art will be studied as well as students having a chance to try their hand at the work. From stills, perspectives, comics, flips, rotating, Claymation, cartoons, caricatures, to 3D works of art, advertising and much more. You don't want to miss!

### **Art Club (Grades 1<sup>st</sup>-5<sup>th</sup>) (Led by Daphne Hopkins, Sope Creek Art Teacher)**

**Minimum: 5 students, Maximum: 25 students**

**Day of Week & Price: Wednesday or Thursday \$325**

"Let's Create Something" Are you looking for ways to encourage creative activities for your children? Kids love art and art is great for kids! This fun 12-week class will offer students the opportunity to experiment with a wide variety of mediums. While exploring clay, drawing, painting, 3-D construction and much more, participants will complete an assortment of projects in each session. The number of pieces your child can make is unlimited depending on the speed at which they work and the themes they want to explore. **Paintings and projects will vary with each session and are adaptable to boys or girls. Cost includes supplies and treats.** Watch your child's self-esteem and self-expression soar by joining Sope Creek's Art Teacher Daphne Hopkins in the studio today!

### **Brain Fitness (Grades 1<sup>st</sup>-3<sup>rd</sup>) (Led by Susan Thompson, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 16 students**

**Day of Week & Price: Wednesday \$250**

Building a fit brain is the serious work or play. Students in this class will experience the challenge of connecting and realigning the hemispheres of the brain while developing skills and strategies to improve thinking processes and problem solving. We will explore new concepts and processes while providing opportunities to struggle through and succeed with our work and thinking. Students will explore all areas of intelligences and learning styles to progress in making the brain fit and aware. Kids will enjoy the hands of creative learning and build confidence in themselves and their ability.

### **Brain Fitness (Grades 4<sup>th</sup>- 5<sup>th</sup>) (Led by Susan Thompson, Sope Creek Target Teacher)**

**Minimum: 5 students, Maximum 16 students**

**Day of Week & Price: Thursday \$250**

Building a fit brain is the serious work or play. Students in this class will experience the challenge of connecting and realigning the hemispheres of the brain while developing skills and strategies to improve thinking processes and problem solving. We will explore new concepts and processes while providing opportunities to struggle through and succeed with our work and thinking. Students will explore all areas of intelligences and learning styles to progress in making the brain fit and aware. Kids will enjoy the hands of creative learning and build confidence in themselves and their ability. Many activities will be similar to my Target class.

### **Candy, Cookies & Crafts (Grades 1<sup>st</sup>-5<sup>th</sup>) (Led by Laurie Cates, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 18 students**

**Day of Week & Price: Monday or Wednesday \$325**

This class is a fun hands on class where students can make seasonal treats that require no baking -- just imagination! Join us as we make fanciful fall and winter themed yummys and then wrap them in handmade crafted containers and cards to give away as gifts to friends or family! Don't worry, there will be plenty for you to eat too! Each session is different and themed based on the season- no repeats from past sessions! For information and to view photos, visit the Fast Club page of 1<sup>st</sup> grade teacher Mrs. Cates' class blog at Sope Creek Elementary's website or enter short url – [tiny.cc/cates-fast-club](http://tiny.cc/cates-fast-club).

### **Cardio Sharp (Grades 3<sup>rd</sup>-5<sup>th</sup>) & Cardio Sharp, Jr. (Grades 1<sup>st</sup>-2<sup>nd</sup>) (Led by Shawn Maloney, P.E. Teacher)**

**Minimum: 5 students, Maximum: 47 students**

**Day of Week & Price: Monday or Thursday for Cardio Sharp, Wednesday for Cardio Sharp Jr. \$240**

Physically fit students perform better academically, behave better at school and home, and are simply more comfortable in their own skin. While we know the roles diet, homework, and sleep play in "powering up" a student's "network" for the classroom, the last 15 years of scientific research has revealed a new, major player in the "ready-to-learn" domain - cardiovascular fitness. Cardio Sharp is driven by this relationship between enthusiastic, vigorous play and cognitive and behavioral development. Modified games, sports, and challenges equip students with exciting, efficient tools for realizing the promises of cardiovascular conditioning. Happy, comfortable kids with better grades – that's our business, that's our mission.



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### **Code Talkers (Grades 2<sup>nd</sup>-3<sup>rd</sup> & 3<sup>rd</sup>-5<sup>th</sup>) (Led by Linda Kurtz, Sope Creek STEM Teacher)**

**Minimum: 5 students, Maximum: 20 students**

**Day of Week & Price: Monday, \$290**

**What is coding?** Coding is the new literacy of the 21st century. We all know how to use computer apps, but we really need to know is how they work and why? Learn the secrets of coding to find out. Once you know how to code, the sky is the limit and one day, you could be writing your own apps! Some programming languages can be too abstract for young children. In **Code Talkers**, we bring in robots to demystify coding languages while still teaching all skill levels from beginning to advanced coding! Are you ready to join the 21st century as a **Code Talker**? Join Mrs. Kurtz and the **Code Talker** crew every Monday-you don't want to miss it! **5 Reasons why Coding should be taught to kids:** 1) Learning Coding Empowers Kids to express themselves in really cool ways! 2) Coding is learning a new language, the language of kids' futures! 3) Diverse early learning benefits young minds! \*Ask Bill Gates, he supports kid coding! 4) Becoming Fluent with technology enables students to move from interacting with technology, to creating with it! 5) The world needs more programmers! In the next 10 years, there will be over 1,000,000 unfilled programming jobs and only 1 in 10 children are taught programming. \*New this year: Coding your Art work and Coding with our new robots! (We just got in the latest Sprk + and Kamigami robots to for coding!) Use the same programming skills to make your own original art as well as program your robots to do new tasks! Challenge yourself and your friends to learn new skills and take your coding hobby to a new level!

### **Crafty Kids (Grades 1<sup>st</sup> -2<sup>nd</sup>) (Led by Gina Carter Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 26 students**

**Day of Week & Price: Monday, \$265**

Looking for a fun and creative outlet after school? Join Crafty Kids! This 12-week session you'll have the opportunity to create 3D jellyfish, build a monster, paint on canvas, get your hands dirty mixing GAK! You can choose to create a glittery mask or paint your own wooden race car! There will even be some edible Halloween creations! This is just a preview of what's to come! Crafts are adjusted to age and gender.

### **Crafty Kids (Grades 3<sup>rd</sup>-5<sup>th</sup>) (Led by Gina Carter, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 26 students**

**Day of Week & Price: Thursday, \$265**

Crafty Kids for the upper grades is back—with all NEW crafts! This 12-week session you will design, paint and assemble a treat jar made from clay pots, craft an animal out of a paper lantern, design a 3D hot air balloon, and get your hands dirty mixing GAK! There will even be some edible Halloween creations! This is just a preview of what's to come! Crafts are adjusted to age and gender.

### **Creative Keepsakes (Grades 3<sup>rd</sup>-5<sup>th</sup> Girls) (Led by Liz Carroll, Sope Creek Teacher)**

**Minimum: 5 students, Maximum 8 students**

**Day of Week & Price: Monday, \$325**

Creative Keepsakes is a class taught by Ms. Carroll for students who love art projects! In this class, your child will create personalized items such as mugs, pillowcases, water bottles, and much more! Your child will absolutely love this laid-back, fun class. The possibilities of creativity and projects are endless! For more information email [CarrollsFASTclass@gmail.com](mailto:CarrollsFASTclass@gmail.com).

### **Drama Club (Grades 3<sup>rd</sup>-5<sup>th</sup>) (Led by Sally Seymour & Susan Jenkins, Sope Creek Teachers)**

**Minimum: 5 students, Maximum: 32 students**

**Day of Week & Price: Monday, \$250**

Sope Creek's Drama Club fosters a positive atmosphere where budding young actors learn about performing arts. Improvisational games are used that guarantee laughter while reading an amusing script that encourages expression, fluency, and voice projection. Our aspiring actors will grow in stage presence, stage directions, and the art of production. This fun experience will build self-confidence and cultivate life skills including personal responsibility, creativity, and teamwork. Our program is designed to stretch student's dramatic muscles by learning acting fundamentals as they rehearse for a big performance. Bring your family and friends to our play as we set the stage with colorful props, imaginative costumes, and the director's final shout out for "Lights, Camera, Action!"

### **Egyptian Explorers (Grades 2<sup>nd</sup>-3<sup>rd</sup> & 3<sup>rd</sup>-4<sup>th</sup>) (Led by Sandy Welte, Sope Creek Target Teacher)**

**Minimum: 5 students, Maximum: 20 students**

**Day of Week & Price: Wednesday (Grades 2<sup>nd</sup>-3<sup>rd</sup>) or Thursday (Grades 3<sup>rd</sup>-4<sup>th</sup>), \$250**

Are you interested in Ancient Egypt? Ever wonder what life was like over 3,000 years ago? If so, then "Egyptian Explorers" is the class for you. We will study Egypt, as well as complete some interesting STEM challenges. You'll get the chance to build your own pyramid, study hieroglyphics, mummify an orange, make a sarcophagus, all while learning some pretty cool facts about this very special time in history. If you think you're up to the challenge, then come and join our trip back in time.



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### **EVS Robotics (Grades 4<sup>th</sup>-5<sup>th</sup>) (Led by Jenny Boucher, Sope Creek Target Teacher)**

**Minimum: 5 students, Maximum: 22 students**

**Day of Week & Price: Wednesday, \$290**

Using the LEGO EV3 Mindstorms kits, students will be challenged each day to create robots and solve real-world oriented missions. Some of the robot builds include color sorters, the puppybot, Gyroboy, and a robotic arm. New students will start with the basic robot to learn its functions. After completing the construction of the robot, students will use the programming software to bring their robot to life. This software contains command blocks that allow the robot to move and use its many sensors. Students will learn how to program basic robot behaviors using motors and rotation, sound, light, touch, and ultrasonic sensors. The culminating competition is Battlebots in which students will use their creativity to build and program a robot to battle others. They instantly see the direct result of their work. They become engineers... designing, building, programming, testing, and conquering challenges. The EV3 Mindstorms kits provides multiple opportunities to learn regardless of LEGO and computer experience. Whether a student is a beginner or a robot programming master there is always more they can learn.

### **Forza Italia (Grades 1<sup>st</sup>-3<sup>rd</sup>) (Led by Shelby White, Grade Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 20 students**

**Day of Week & Price: Thursday, \$300**

Come join me on a tour of Italy! My name is Mrs. White and I'm a 1<sup>st</sup> grade teacher here at Sope Creek. I lived in Italy for three years and would love to share with your children my knowledge of and enthusiasm for all thing Italian. We will spend 12 weeks learning about Italy's language and culture through food and fun activities. Forza Italia!

### **Furry Friends (Grades 1<sup>st</sup>-5<sup>th</sup>) (Led by Hannah Hoy, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 30 students**

**Day of Week and Price: Thursday, \$170**

In this club, we work to help find homes for homeless animals by picking animals to sponsor. We hold fundraisers and work together to help various organizations in the community. Working in this club helps children learn compassion not only for animals, but in other areas of their life. Furry Friends will provide children the opportunity to develop skills in leadership, marketing, teamwork, advocacy, and communication. The Furry Friends of Sope Creek is an ever-growing club where awesome things are in the works. Join the club today to see what is in store for the future of the club and how you can help.

### **Hip Hop Hooray (Grades 1<sup>st</sup>-5<sup>th</sup>) (Led by Allison Howard, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 20 students**

**Day of Week & Price: Monday or Wednesday, \$250**

In Hip Hop Hooray, your student will enjoy a high-energy class where they learn to dance basic hip hop moves to today's top 40 (Kidz Bop). No previous experience necessary, just a positive and motivated attitude.

### **Homework Heroes (Grades 3<sup>rd</sup>-5<sup>th</sup>) (Led by Sherona Pfaff, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 15 students**

**Day of Week & Price: Wednesday, \$300**

Are you in need of a homework hero? Do you want to have your homework completed before even leaving school? Students will have assistance of teachers to complete assignments AND study for upcoming tests. If you want to improve your work and study habits, this is the class for you.

### **iCreate (Grades 2<sup>nd</sup>-5<sup>th</sup>) (Led by Linda Kurtz, STEM Teacher)**

**Minimum: 5 students, Maximum: 22 students**

**Day of Week & Price: Thursday, \$360**

How does a child go from **Imagination** to a 3D printed **Creation**? Join the iCREATE STEM FAST program to find out! Using CAD (Computer Aided Design), design your own creation to be 3D printed or downloaded into Minecraft! Then, document your process with your new found movie skills, such as: iMovie, Green Screen Technology, and Stop Motion Animation. Each day is different and there is no limit to what you can make in iCreate! Learn new skills and expand your creativity in iCreate where technology takes you go from imagination to creation! The most exciting afterschool is waiting for you in ICREATE. Join Ms. Kurtz and Brownsworth Thursdays afterschool!

### **ITBS/Cogat Prep (Grade: 3<sup>rd</sup>) (Led by Nichole McDowell, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 22 students**

**Days Meeting & Price: August 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>, Sept 6<sup>th</sup> \$195**

**Why take this class?** After the summer break most kids forget a few things! This is a great way to review and brush up on content and learn some important test taking skills before the ITBS and Cogat that starts in **SEPTEMBER for 3rd graders**. These scores are used in conjunction with other assessments for gifted and accelerated homeroom placement for 4<sup>th</sup> grade. You don't want to miss out on this class!!! We will cover Cogat brain puzzles and games, Reading and Math content, and test taking tricks and strategies. Students will be provided with practice test materials.



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### ITBS/Cogat Prep (Grade: 5<sup>th</sup>) (Led by Nichole McDowell, Sope Creek Teacher)

**Minimum: 5 students, Maximum: 22 students**

**Days Meeting & Price: August 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>, Sept 6<sup>th</sup> \$195**

**Why take this class?** After the summer break most kids forget a few things! This is a great way to review and brush up on content and learn some important test taking skills before the ITBS and Cogat that starts in **SEPTEMBER for 5th graders**. These scores are used in conjunction with other assessments for gifted and accelerated homeroom placement for middle school. You don't want to miss out on this class!!! We will cover Cogat brain puzzles and games, Reading and Math content, and test taking tricks and strategies. Students will be provided with practice test materials.

### Keyology (grades 1<sup>st</sup>-5<sup>th</sup>) (Led by Luba Eristavi & Donna Goldenberg, Sope Creek Paraprofessionals)

**Minimum: 5 students, Maximum: 12 students**

**Day of Week & Price: Monday, \$265**

This course primarily concentrates on developing student musicality while developing social skills at the same time. As students learn from each other they develop confidence about playing in front of people. They stimulate each other practice. The students will learn how to read notes (pay on keyboard keys), write and create music in connection to music concepts, theory and history of music. Children who have taken Keyology in the past will have some additional activities we will touch on. We will offer a class for beginners (4-5 pm) and a class for intermediates (2:45-3:45 pm).

### Kid Chess (Led by Outside Vendors)

**Minimum: 20 students, Maximum: 50 students**

**Day of Week & Price: Tuesday or Thursday,**

We firmly believe in our motto of "Chess Makes You Smart: We Make it Fun". Playing chess has proven to help students enhance their creativity, improve their power of concentration, develop and expand critical thinking skills, boost memory and retention, and achieve superior academic performance. Additionally, chess has been shown to augment problem-solving capabilities, provide cultural enrichment, advance intellectual maturity, and enhance self-esteem. **Experienced educators, top rated and tournament chess players manage each class.** Each child receives a trophy and learns how to be a better chess player and a better student. Register now at [www.kidchess.com](http://www.kidchess.com).

### Kickball Kids (Grades 2<sup>nd</sup>-4<sup>th</sup>) (Led by Jennifer Bradley & Heather DeFoor, Sope Creek Teachers)

**Minimum: 5 students. Maximum: 26 students**

**Day of Week & Price: Monday, \$295**

Does your child like sports? Do they like working with a team? Then Kickball Kids is the FAST Club for you! After a long day at school have your child come and get some of their energy out at Kickball Kids. Your child will have fun learning the rules of the game as well as playing with friends. Exercise is a great way to get fit, increase focus and decrease stress. On days with bad weather we will be enjoying other fun games! Come be a part of the Sope Creek Kickball team!

### Kind Kids (Grades 4<sup>th</sup>-5<sup>th</sup>) (Led by Kerri Bruce, Sope Creek Teacher)

**Minimum: 5 students. Maximum: 20 students**

**Day of Week & Price: Wednesday, \$315**

Would you like to give your child the opportunity to show kindness by doing fun projects for the community? We will be working with organizations like Project Linus to make blankets for homeless children, Sole Hope to make shoes for children in Africa, and many more! This is a great way to increase awareness and compassion for others in need. Kindness is contagious!

### Mad Scientists (Grades 3<sup>rd</sup>-5<sup>th</sup>) (Led by Kerri Bruce & Sherona Pfaff, Sope Creek Teachers)

**Minimum: 5 students. Maximum: 30 students**

**Day of Week & Price: Thursday, \$320**

Does your child love science? They will **LOVE** Mad Scientists! We will be doing action packed experiments including making slime, volcano explosions, and many more surprise hands on activities. Join in the science fun!

### Master Builders (Grades 1<sup>st</sup>-5<sup>th</sup>) (Led by Liz Carroll, Sope Creek Teacher)

**Minimum: 5 students. Maximum: 30 students**

**Day of Week & Price: Wednesday or Thursday, \$345**

Master Builders (formerly called Lego Land) is a unique class where students get to play with food and play with building blocks! Each week, students will make an edible Lego treat and create fun Lego themed crafts. They will then explore their inner creativity with Legos (of all shapes and sizes), K'nex, Construx, Marble Run, Bloxes, Magnetix, and much more! This class is like a birthday party 12-weeks in a row! Your child will wake up excited every Wednesday for this course! Space is limited (this course filled quickly last session). The registration fee and snacks for 12 weeks is included in the total cost. For more information, please email [CarrollsFASTclass@gmail.com](mailto:CarrollsFASTclass@gmail.com).



## 2017 Fall Semester Sope Creek F.A.S.T Programs Foundation After School Time

### **Math Gamers (Grades 1<sup>st</sup>-2<sup>nd</sup>) (Led by Jennifer Bradley & Heather DeFoor, Sope Creek Teachers)**

**Minimum: 5 students. Maximum: 20 students**

**Day of Week & Price: Wednesday, \$295**

Do you love games? Come and enjoy playing engaging math games in Math Gamers. Each week we will be playing, and sometimes making, math games aligned with the grade level standards. The class will be taught by 2 Sope Creek teachers that have taught both 1<sup>st</sup> & 2<sup>nd</sup> grade and will understand the skills needed to master the math standards. It will be a perfect mix of learning and fun.

### **Math Marvels (Grades 4<sup>th</sup>-5<sup>th</sup>) (Led by Mary Rowlett, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 15 students**

**Day of Week & Price: Wednesday, \$225**

Math Marvels take . . . STEM to STEAM . . . incorporating ART with MATH ""STEAM is a way to take the benefits of STEM and complete the package by integrating these principles in and through the arts. STEAM takes STEM to the next level: it allows students to connect their learning in these critical areas together with arts practices, elements, design principles, and standards to provide the whole pallet of learning at their disposal. STEAM removes limitations and replaces them with wonder, critique, inquiry, and innovation." Hands-on STEAM learning helps build problem solving skills and encourages creativity. We will discover the "art" of math as we craft projects using the concepts of geometry, measurement, symmetry, and fraction skills through exciting creative experiences.

### **Robo Gals (Grades: 4<sup>th</sup>-5<sup>th</sup> Girls) (Led by Jenny Boucher, Target Teacher)**

**Minimum: 5 students, Maximum: 22 students**

**Day of Week & Price: Monday, \$275**

Over the past 4 years teaching 4th and 5th grade robotics at Sope Creek, one thing has become very evident... more boys register for the robotics classes than girls. I want to change that, which is the reason I created Robo Gals. Using the Lego NXT Mindstorms kits, your daughters will build robots and program them to follow their commands. After completing the construction of the robot, they will use the programming software to bring their robots to life. This software contains command blocks that allow the robot to move and use its many sensors. Students will learn how to program basic robot behaviors using motors and rotation, sound, light, touch, and ultrasonic sensors. They instantly see the direct result of their work, and due to the nature of robotics, girls will learn the process of testing, improving, and retesting. They will understand that they should learn from their mistakes, which will lead to successes. Students become engineers... designing, building, programming, and testing. Help me empower your daughters to realize that robotics and STEM is not just for boys!

### **Robotics (1<sup>st</sup>-3<sup>rd</sup>) (Led by Megin Robinson, Sope Creek Learning Commons Specialist)**

**Minimum: 5 students, Maximum: 18 students**

**Day of Week & Price: Wednesday or Thursday, \$300**

This fun and interactive class exposes budding Sope Creek engineers to the foundations of robotics, including construction and basic programming. During this 12-week course, students will use LEGO WeDo kits and curriculum to build, program and test a minimum of 2 different robots, including "Dancing Birds," "Drumming Monkey" and "Soccer Bots!" Students returning to Robotics Club will be given individualized challenges and new builds based on their past experience. In addition to LEGO curriculum, members will gain exposure to real world robotics and partake in other hands-on design and construction challenges. Visit [www.legoeducation.us/WeDo](http://www.legoeducation.us/WeDo) or contact Ms. Robinson ([Megin.robinson@cbbk12.org](mailto:Megin.robinson@cbbk12.org)) to learn more.

### **Rockin' Robots (Grades 2<sup>nd</sup>-3<sup>rd</sup> & 4<sup>th</sup>-5<sup>th</sup>) (Led by Linda Kurtz, Sope Creek STEM Teacher)**

**Minimum: 5 students, Maximum: 18 students**

**Day of Week & Price: Wednesdays, \$375**

Have you ever seen a kid with a great new robot, but not actually know what to do with it? This happens all the time! In Rockin' Robots, you not only build your robots, but you take them home at the end of club! Try the latest in robotics, learn to program, and then take them home with you! Each student will take home a new Kamagami robot at the end of the session (a \$100 value!) Kamagami robots combine the principals of Origami and robotics engineering for an original DIY project. You can teach your Kamagami new tricks and behaviors while you learn programming. Best of all, they go home with you at the end of the session. Take home a new robot and with the programming skills so you can continue your learning outside of school. Join Ms. Kurtz in the new take away Rockin' Robots club!

### **Rubik's Cubers (Grades 2<sup>nd</sup>-5<sup>th</sup>) (Led by Hannah Bentley, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 16 students**

**Day of Week & Price: Monday, \$250**

In Rubik's Cubers FAST class, beginners can learn strategies for solving cubes, and pros can improve their speed and agility. Students will practice different cubes (2 by 2, 3 by 3, 4 by 4, pyramids, etc.) and different strategies – great practice for all levels! Outcomes include: sense of accomplishment, problem solving skills, tenacious attitude, optimism, and fun! Rubik's cubes provided, but students are welcome to bring their own! Please email [hannah.bentley@cobbk12.org](mailto:hannah.bentley@cobbk12.org) with any questions.



## 2017 Fall Semester Sope Creek F.A.S.T Programs Foundation After School Time

### **Sew Many Smiles (Grades 2<sup>nd</sup>-5<sup>th</sup>) (Led by Caroline Cassan, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 20 students**

**Day of Week & Price: Monday, \$300**

Sew Many Smiles is a beginner sewing class for students interested in learning how to sew. Students will learn how to use a pattern, cut fabric, thread a needle, sew a button and hand stitch. Projects will vary each session are adaptable for boys and girls. The class fee covers the cost of all materials needed. Creativity is a must!

### **Silly Scientists (Grades 1<sup>st</sup>-2<sup>nd</sup>) (Led by Jenna Doggett & Fallon Hinz, Sope Creek Teachers)**

**Minimum: 5 students, Maximum: 20 students**

**Day of Week & Price: Thursday, \$300**

Get ready for the silliest, wackiest science club around! Silly Scientists gives students the opportunity to explore different science concepts through hands-on experiences and experiments. Silly Scientists covers a broad range of fun and exciting science topics including physics, chemistry and STEM. Each week students will build, create, explore and explode with a different activity. Let's get silly, young scientists!

### **Take A Hike (Grades 3<sup>rd</sup>-5<sup>th</sup>) (Led by Sherona Pfaff, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 12 students**

**Day of Week & Price: Monday, \$300**

Get a breath of fresh air! Our wonderful National Park Service trails are right next door. We'll walk from school to Sibley Pond trails. Before we walk, we'll explore life science lessons that teach us about local wild life and ecological connections. Enjoy the sights and sounds around you. Take a Hike with us. You never know what you'll discover.

### **Terrific Typers (Grades 1<sup>st</sup>-5<sup>th</sup>) (Led by Lauren Rabil, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 30 students**

**Day of Week & Price: Thursday, \$175**

Soon, your child will need typing to be successful at school! Students are required to type in the classroom for assignments, assessments, and will eventually be typing for Milestone testing. This 12-week program includes a comprehensive keyboarding curriculum that teaches students using a sequential building-block format. In this program, your child will be using interactive games, timed test and typing about interesting topics. Your child can even practice at home!

### **Vive la France! Grades (1<sup>st</sup>-3<sup>rd</sup>) (Led by Shelby White, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 20 students**

**Day of Week & Price: Wednesday, \$300**

Come join me on a tour of France. My name is Mrs. White and I'm a 1<sup>st</sup> grade teacher at Sope Creek. I have a degree in French and lived in France for a year. I would love to share with your child my knowledge of and enthusiasm for all things French. We will spend 12 weeks learning about France's language and culture through food and fun activities. Vive la France!

### **World Travelers (Grades 3<sup>rd</sup>-5<sup>th</sup>) (Led by Liz Carroll, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 30 students**

**Days of Week & Price: Monday, \$345**

Does your child love to travel? In this class, we will "visit" a new place each week! Each day, we begin by sampling a new food from the country or continent we are visiting. We will be learning fun facts and making interactive crafts about each of our destinations! If your child is interested in a specific location, we will travel there, too! This class is so much fun and the students absolutely love it! If you have questions, please feel free to email me [CarrollsFASTclass@gmail.com](mailto:CarrollsFASTclass@gmail.com) (\$345 includes the registration fee and the snacks for 12 weeks)

### **Yoga Adventures! (Grades 2<sup>nd</sup>-5<sup>th</sup>) (Led by Angie Yim, Sope Creek Teacher)**

**Minimum: 5 students, Maximum: 20 students**

**Day of Week & Price: Monday, \$295**

Namaste! Come join Ms. Yim, a Certified Yoga Instructor, and partake in the Yoga Adventures! FAST Club, where you will experience many incredible benefits- all while building strength, finding balance, and a little bit of calm along the way! When kids practice yoga, it gives them tools to connect with self, helping them to be more conscious of the mind-body connection. When they learn to be mindful and intentional with their breath, it promotes a calming of the nervous system, stress relief, and the ultimate goal – relaxation! When relaxed, oxygen can flow more freely throughout the body and brain, helping to concentrate better and sleep better! Yoga can help kids to be more grounded and secure, by enhancing physical strength and flexibility. It can build self-esteem, as well as to help develop coordination. Yoga can strengthen connections to social peers, increase awareness about kindness and compassion towards others, and more! This 12-week session will include breathing techniques, yoga games and sequences, story-telling music and literacy connections. Help your child tap into their inner resources to create and expand a healthier sense of their overall well-being. Start your yoga journey today with Yoga Adventures.